



COUNTRY PLUS

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Specializing in
Line Dancing &
Couples Flow Dancing
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

Thirty Year Old Wine

Choreographed by Karen & Nigel Poll – **October 2013** pollykaz7@live.co.uk ~ 01379 853571
www.stilddancing.co.uk

Description 48 count dance, Man Facing OLOD, Lady Facing ILOD, Closed Western position
Man's steps listed, Opposite footwork throughout. Unless stated

Music: The Best Keeps Getting Better -Alan Jackson - CD: Freight Train

Side together, Side shuffle, Cross rock, recover, turn ¼ shuffle back (facing LOD)

- 1-4 **Man** - Step Side Left, Step Right beside Left, Left Side shuffle
Lady - Step side Right, Step Left beside Right, Right Side shuffle
- 5-8 **Man** - Cross Rock Right over Left, recover turning ¼ Left, Right shuffle backwards
Lady - Rock Back Left behind Right, recover turning ¼ Left, Left shuffle forwards (facing RLOD)

Rock back, recover Shuffle forwards, (Lady pivot ½ Shuffle ½ turn) Walk, Walk Shuffle

- 9-12 **Man** - Rock back Left, recover on Right, Left shuffle forward
Lady - Step Forward Right Pivot ½ Left, Right shuffle ½ turn left,
- 13-1 **Man** - Walk forward Right, Left, Right shuffle forward
Lady - walk backward Left, Right, Left shuffle backwards

Rock forward, recover Shuffle ½ turn, Step forward, Pivot ½ turn, shuffle

- 17-20 **Man** - Rock forward Left, recover on Right, shuffle ½ turn left, to face RLOD
(Taking ladies Right hand over man's head)
Lady - Rock back Right, recover on Left, Right shuffle forward
- 21-24 **Man** - Step forward Right, pivot ½ turn Left, Right shuffle into LOD
Lady - Step forward Left, pivot ½ Right, Left shuffle into LOD

¼ turn grapevine, Shuffle ¼, (Facing OLOD), ¼ turn grapevine, Shuffle (facing ILOD) (Open hand Hold)

- 25-28 **Man** - Turn ¼ Right, stepping Left to Left side, cross Right behind Left, turn ¼ Left, Left shuffle
Lady - Turn ¼ Left, stepping Right to Right side, cross Left behind Right, turn ¼ right, right shuffle
- 29-32 **Man** - Turn ¼ Left stepping Right to Right side, cross Left behind Right, turn ¼ Right, Right shuffle
Lady - Turn ¼ Right, stepping Left to left side, cross Right behind Left, turn ¼ Left, Left shuffle

Walk, Walk Shuffle, Crossing over, Walk, Walk Shuffle, crossing over.
(holding inside hands, bringing arms over ladies head)

- 33-36 **Man** - Walk Left, Right, Left shuffle (Changing sides behind lady)
Lady - Walk Right, Left, Right shuffle (Crossing in front of man)
- 37-40 **Man** - Walk Right, Left, Right shuffle (Changing sides behind Lady)
Lady - Walk Left, Right, Left shuffle (crossing in front of man)

Rock forward Left, recover turn, ½ Left Shuffle, ¼ pivot Left, Cross Shuffle.

- 41-44 **Man** - Rock forward Left, recover on Right, turn ½ Left, Left shuffle to RLOD
Lady - Rock forward Right, recover on Left, turn ½ Right, Right shuffle to ROLD
- 45-48 **Man** - Step forward Right, Pivot ¼ Left, Right Cross shuffle
Lady - Step forward Left, Pivot ¼ Right, Left Cross shuffle.

Start Again

November 2013